

Faith Talk *Activity* - July 19, 2026

Family-Friendly Activity: The Courtroom and the Door

Materials needed:

- Two signs made from paper — one that says COURTROOM and one that says CONFIDENCE — taped to opposite walls or sides of a room.

Instructions:

1. Stand in the middle of the room together. Take turns calling out scenarios — things that might make someone feel guilty, ashamed, or like they want to hide from God.
2. After each one, everyone physically walks toward the COURTROOM sign (staying stuck in self-condemnation) or toward the CONFIDENCE sign (confessing and moving toward God).
3. Then, together, talk about what the move toward confidence actually looks like, what you would say to God, what you would do differently.
4. After a few rounds, ask: "John says the Holy Spirit in us is what makes it possible to move toward God instead of away from Him. What's one thing that's been sitting in your personal courtroom that you want to bring to God instead?"
5. Keep it age-appropriate and let everyone share as much or as little as they're comfortable with.
6. Close by praying together, out loud as a family, simply confessing one thing and asking God for the confidence that comes on the other side of it.